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Dr. Mahak Bhandari, Pro-Chancellor, SAU Makes History with First Tele-Robotic Surgery from IRCAD India to Ratlam

A proud and historic moment for the medical community as Dr. Mahak Bhandari, one of India's leading Robotic and Laparoscopic surgeons, successfully performed the first-ever tele-robotic surgeries from IRCAD India, Indore, to Jain Diwakar Aurobindo Hospital, Ratlam. This achievement marks a revolutionary step in modern healthcare and showcases how technology can make expert surgical care accessible beyond major cities. Aligned with Prime Minister Narendra Modi's vision of a Viksit Bharat, Dr. Bhandari performed three successful tele-robotic surgeries, including hernia and gallbladder operations. One of the patients was a woman treated under the Swasth Nari, Sashakt Parivar campaign, emphasizing a focus on women's health and family well-being.



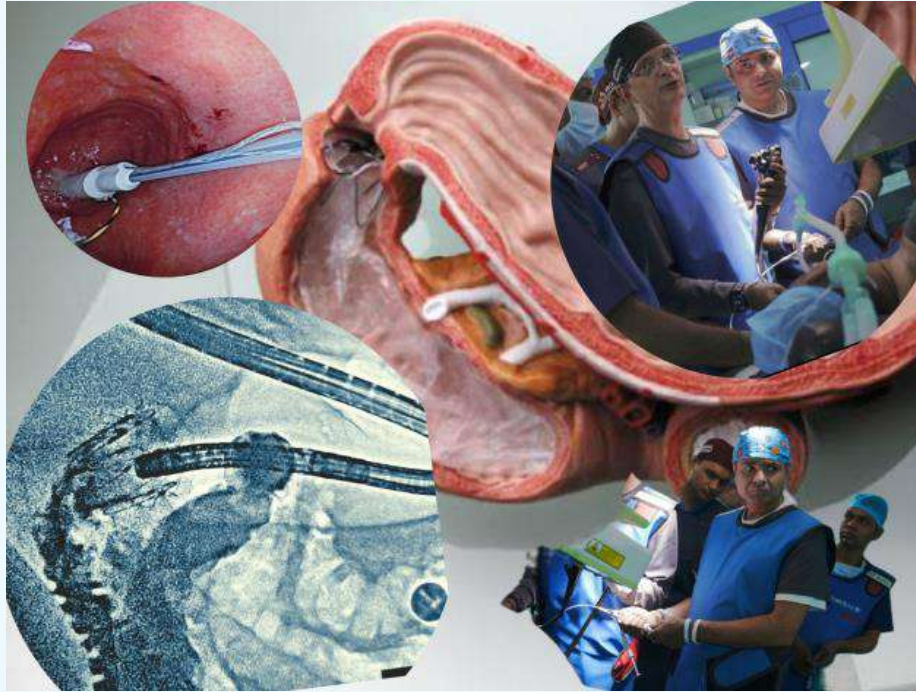
Operating remotely from IRCAD India, Dr. Bhandari used the India-developed SSI Mantra robotic system, a proud innovation under the Make in India initiative. With this advanced system, he performed each surgery with outstanding precision and safety,

demonstrating that world-class surgical expertise can now reach smaller cities like Ratlam without the need for patients to travel.

Dr. Bhandari said, "Performing these surgeries remotely from IRCAD India is a remarkable achievement. It allows us to use technology to bridge the gap between patients and expert surgeons, ensuring access to quality healthcare for everyone." This historic success establishes Dr. Mahak Bhandari as a pioneer in tele-robotic surgery and strengthens Central India's position as a hub for robotic and minimally invasive procedures. His vision and innovation continue to shape the future of healthcare, making advanced surgical care more accessible and efficient for patients across the region.



Historic First for India!



At IRCAD India / SAIMS, we performed India's first clinical case using the Morpheic Medical (RESET®) device — a breakthrough in Diabetes Endoscopy.

This minimally invasive procedure treats Type-2 Diabetes even in non-obese patients by resurfacing the duodenal mucosa to reset insulin sensitivity and incretin balance — just like metabolic surgery, but without surgery!

A proud moment for Team IRCAD India, Dr Vinod bhandari ,SAIMS & Prof. Manoel Galvão Neto — taking India to the forefront of metabolic-endoscopic innovation.

Dr. Mohit Bhandari
Pro-Chancellor, SAU
President IRCAD-INDIA

CONGRATULATIONS



*Dr. Jyoti Bindal appointed as
Provost, SAU*



*Dr. A.K. Mishra appointed as
Pro Vice-Chancellor, SAU*

Convocation Ceremony | Batch 2019–2020 MBBS, BPT & BOT



A momentous day at Sri Aurobindo University, Indore, as we celebrated the Convocation Ceremony of the MBBS, BPT & BOT Batch 2019–20, on 11th October 2025—a proud milestone marking the beginning of a new journey for our young graduates.

The ceremony was graced by our esteemed guests, Shri Pushyamitra Bhargav, Hon'ble Mayor of Indore, and Prof. (Dr.) Shakti Kumar Gupta, Executive Director & CEO, AIIMS Jammu, who inspired the gathering with their motivating words and heartfelt blessings to the future doctors and healthcare professionals. The event was inaugurated by our respected leaders and visionaries:

- Dr. Vinod Bhandari, Founder Chairman, SAU
- Dr. Manjushree Bhandari, Chancellor, SAU
- Dr. Mohit Bhandari, Founder Director, Mohak Bariatrics & Robotics
- Dr. Mahak Bhandari, Managing Director, SAIMS & Pro-Chancellor, SAU
- Dr. Jyoti Bindal, Vice Chancellor, SAU
- Dr. Jayshree Tapadia, Dean of Student Welfare, SAU
- Dr. R. R. Wavavre, Dean, SAIMS
- Dr. Anand Mishra, Registrar, SAU
- Dr. A.K. Mishra, Head Institute of Nuclear Medicine & Radiopharmaceuticals

The ceremony was filled with pride, inspiration, and joy as our graduates took the next step toward serving humanity with compassion and excellence.





Congratulations

Congratulations to Dr Saket Jati for receiving the prestigious Late Dr Murti ORATION Award at 43rd Annual Conference of MP Chapter of IOA at Jabalpur (M.P.)



World Hospice And Palliative Care Day 2025

It was indeed a privilege to host our distinguished guests at Sri Aurobindo University for a special program dedicated to compassion dignity and care. This years global theme Compassionate Communities Together for Palliative Care reminds us that empathy is at the heart of medical practice. To raise awareness an inspiring Art Event was held on 9th October where our students beautifully expressed the essence of palliative care through creative paintings and posters. We were deeply honored to welcome Dr. Ritesh Tapkire an accomplished onco surgeon and compassionate clinician who delivered a thought provoking guest lecture on A Surgeons Perspective on Palliative Care. His words truly highlighted how holistic and humane approaches can transform patient care. Our heartfelt gratitude to Dr. Vinod Bhandari Dr. Jyoti Bindal Dr. Anil Kumar Mishra Dr. Jayshree Tapadia Dr. R. R. Wavare and all respected faculty members organizing committee and participants who made this event a grand success. Let's continue to spread the message of Compassion Care and Dignity the true spirit of Palliative Medicine.



Dr. Gauraiya Chinchalker
Assistant Professor, Palliative Medicine
Dr. Pankaj Singhai
Associate Professor, Palliative Medicine

CYCLOTRON



Dr. Anil Kumar Mishra
Head Institute of
Nuclear Medicine

Nuclear Medicine began its journey in Central India in the 1980s at SAIMS and SAU simultaneously. The specialty expanded rapidly during the 1990s, witnessing remarkable advances in instrumentation and radiopharmaceuticals. Over the years, we have developed a strong base of trained professionals—nuclear imaging physicians, technologists, and physicists—who have contributed significantly to this field. Our institute has played a pioneering role in establishing state-of-the-art imaging technologies and specialized manpower training programs.

Nuclear Medicine Imaging has evolved tremendously, transitioning from the era of gamma cameras to advanced Positron Emission Tomography (PET) systems. The emergence of PET technology and innovations in radiopharmaceuticals have ushered in a new era of diagnostics and experimental medicine. PET holds immense promise as a research, clinical, and technological tool, enabling us to compete globally in drug development and molecular imaging research.

PET has fundamental advantages over other diagnostic techniques, as it directly measures biochemistry and functional activity in living systems. With molecular imaging and the advent of fusion technologies like PET-CT, the field is undergoing a transformational change, offering non-invasive visualization of regional biochemical processes in vivo.

In the near future, PET applications with novel radiopharmaceuticals—targeting neurotransmitters, neuroreceptors, peptides, and neo-ligands—will enable early detection of various diseases and provide invaluable tools for research and development in neurocognitive sciences. This will have profound implications for civil society and the underprivileged.

On this occasion, we gratefully acknowledge the wholehearted support of the Government of Madhya Pradesh, and in particular, Hon'ble Chief Minister Dr. Mohan Yadav, whose continuous guidance and encouragement have made possible the establishment of VRM Molecular Imaging and Nuclear Medicines Pvt. Ltd. at Sri Aurobindo University. I am confident that this facility will foster new RCD collaborations with institutions and universities across Madhya Pradesh and contribute to productive research in the years ahead.

New Initiative: Pioneering Molecular and Nuclear Medicine

The latest endeavor of the Bhandari Group is the establishment of VRM Molecular Imaging and Nuclear Medicines Pvt. Ltd., located at Sri Aurobindo University, Ujjain, Madhya Pradesh. This cutting-edge facility aims to revolutionize molecular and nuclear medicine through advanced clinical and research capabilities.

At the heart of the center is a GE PETtrace Self-Shielded (16.5 MeV) Medical Cyclotron, supporting both clinical diagnostics and molecular imaging research.

Since its inception in the late 1970s, Positron Emission Tomography (PET) has evolved from a specialized research tool into a cornerstone of diagnostic medicine, with over 250 facilities worldwide. PET now enables in-vivo studies of biochemical processes such as metabolism, drug addiction, neurodegenerative disorders, aging, and mental illness.

PET distinguishes itself from anatomical imaging methods like CT or MRI by visualizing tissue biochemistry and physiology rather than structure. Using positron-emitting isotopes such as ^{13}N , ^{68}Ga , and ^{18}F , produced in an in-house cyclotron, PET tracers are synthesized for diverse organ-specific applications.

CYCLOTRON

The VRM facility at SAU is uniquely designed as a world-class Molecular Imaging Research Center, housing both PET systems and a medium-energy cyclotron to support RCD in metal-based imaging probes. It integrates radiochemistry and radiopharmacy laboratories under one roof, establishing a comprehensive hub for nuclear medicine innovation.

VRM Molecular Imaging s Nuclear Medicines Pvt. Ltd.

The primary objective of VRM is to advance biomedical imaging research across all levels of biological organization—from molecular to whole-organism imaging. The center features state-of-the-art PET tracer synthesizer modules, a high-energy cyclotron with liquid and metal targets, and facilities for producing novel isotopes for molecular medicine research.

VRM also aims to establish a National PET-Tracer Facility, currently unavailable elsewhere in Asia, serving as a platform for scientific collaboration and technology exchange among VRM, SAIMS, and SAU professionals.

The cyclotron is capable of accelerating Hydrogen and Deuterium negative ions, producing a range of PET isotopes used in physics, chemistry, and biomedical research. Additionally, the proton beam can be used for high-LET (Linear Energy Transfer) studies on biomolecules for the development of novel tracers and drug markers.

PET Radiopharmaceutical Production

Positron Emission Tomography (PET) is a specialized imaging technique that visualizes physiological and biochemical processes in the human body. PET plays a crucial role in diagnosing cancer, neurological disorders such as Alzheimer's disease and depression, and in the development of new drugs and targeted therapies. VRM-SAU is the only center in Central India equipped with a complete range of tracer production modules and a dedicated Health Sciences research laboratory. With advanced PET scanners and synthesis facilities, the center provides invaluable diagnostic and research data for cancer, cardiology, and neuroscience.

A radiopharmaceutical consists of a radioisotope and a pharmaceutical compound, joined in a process known as labeling. The cyclotron produces the radioisotope, which is then combined with the pharmaceutical in a controlled laboratory environment to create medical-grade radiopharmaceuticals.

Tracer Production at VRM-SAU

Tracer Application

2-[¹⁸F]FDG Glucose metabolism

[¹⁸F]Misonidazole Hypoxic cell imaging 16α

[¹⁸F]Fluoroestradiol Breast tumor studies

6-[¹⁸F]Fluoro-L-dopa Presynaptic dopaminergic function

4-[¹⁸F]Fluoro-L-m-tyrosine Presynaptic dopaminergic function

2-[¹⁸F]Fluoro-L-tyrosine Protein synthesis C amino acid transport

⁶⁸Ga-DOTA NOC Endocrine tumor imaging

⁶⁸Ga-PSMA Prostate cancer imaging

CYCLOTRON

Core Features and Capabilities Radiochemistry and Automation

All radiochemistry synthesis units are closed systems with minimized radiation emission and fully automated synthesis processes. The operations are computer-controlled with real-time graphical monitoring, ensuring precision, reproducibility, and compliance with GLP/GMP standards.

Documentation and Quality Control

Each synthesis run is automatically documented, with parameters such as temperature, pressure, and radioactivity logged, displayed, and archived. Integrated radiochromatography systems (GC/HPLC) perform quality control to verify radiochemical purity and yield.

Flexibility and Security

Synthesis programs can be customized by authorized personnel, with password-protected access ensuring operational safety. The modular design allows integration of sterile filling units for direct dose preparation.

Concept of Molecular Imaging

Molecular imaging involves injecting a biologically active radiotracer that localizes in specific tissues based on its pharmacological properties. The resulting radioactivity distribution is imaged to provide quantitative medical and biological information. This functional imaging—reflecting molecular or metabolic processes—is one of the most advanced diagnostic technologies available today.

Operating such facilities requires a multidisciplinary team comprising:

- Radiopharmacists/Chemists – for preparation of medical-grade injectables
- Medical Physicists – for radiation safety and equipment quality control
- Nuclear Medicine Physicians – for image interpretation and diagnosis

Manpower and Expertise

The department is supported by:

- Nuclear Medicine Physicians
- Technical Officers
- Teams of Radiochemists, Physicists, Students, and Trainees

All technologists receive accredited training in radiation safety, imaging protocols, and radiochemistry.

Core Competencies

- Development of novel PET radiopharmaceuticals
- Functioning as a Centralized Radiopharmacy for Madhya Pradesh
- Academic and clinical training in radiation medicine
- R&D in radiopharmaceutical sciences

Outreach and Future Plans

Awareness and Engagement

- Guest lectures, conferences, and seminars
- Public outreach in collaboration with NGOs and medical associations
- Hands-on training programs for radiologists
- Participation in international exhibitions such as SNMI, EANM, and SNMMI

CYCLOTRON

Future Initiatives

- *Initiation of MD (Nuclear Medicine) program*
- *DNB and Research Associate training programs*
- *PET-CT with biopsy capability*
- *Development of novel radiopharmaceuticals and drug delivery systems*
- *Optimization of solid targets for isotope production*

Clinical Research Services

PET imaging provides critical insights into:

- *Physiological processes and body functions*
- *Pharmacological distribution and kinetics of radiotracers*
- *Detection and evaluation of disease progression and therapeutic response*

Applications

- *Neurocognitive disorders: Assessing early dysfunction affecting cognitive performance*
- *Cardiac diseases: Accurate evaluation of coronary artery disease and myocardial viability*
- *Oncology: Early detection, staging, and monitoring of malignancies*
- *Transplantation: Assessment of tissue viability using hypoxia and flow studies*
- *Infection and Trauma: Evaluation of prosthesis acceptance and inflammatory response*

Positron Emission Tomography (PET) today stands as one of the most powerful tools for medical diagnosis, treatment evaluation, and research—offering unprecedented insight into human biology and disease at the molecular level.

Sri Aurobindo University celebrated Diwali 2025



Sri Aurobindo University celebrated Diwali 2025 with great joy lights and togetherness. The campus came alive with vibrant decorations, cultural performances, diyas, and the spirit of unity and positivity. This festival of lights reminds us to spread happiness, knowledge, and goodness all around, just as every diya removes darkness, every good deed brings light to the world. Wishing everyone a prosperous and sparkling Diwali 2025.



Orientation Programme of Newly Admitted First year MBBS Students



The Orientation Program for the newly admitted First MBBS Students 2025-26 Batch was conducted successfully on 06.10.2025 under the invaluable guidance of Dean students welfare, Dr. Jaishree Tapadia. The purpose of the program was to welcome the new batch and introduce them to the academic environment, faculties of phase I and values of medical profession. The event aimed to provide guidance and motivation as the students embark on their medical Journey.

The program commenced with welcome address by the Dr. Jaishree Tapadia who emphasized on discipline and compassion in medical Practice. She emphasized that the students have now started a life long mission of healing and service to humanity.

This was followed by an inspiring address by the Dean, Dr. R.R. Wavare who highlighted the noble values of medical profession and the responsibilities that come with "The White Coat" Next the Students were addressed by the esteemed faculties of MBBS Phase I department regarding the academic structure. The orientation program helped the new students understand the academic expectation, institutional culture & ethical values of medical profession. The active involvement of esteemed faculty members & enthusiastic participation of the new students made the event remarkable.

World Mental Health Day

On 10th October 2025, Bhandari Group of Hospitals and Institutions, College of Nursing, Indore celebrated World Mental Health Day with great enthusiasm. The theme for this year was "Access to Services: Mental Health Catastrophes and Emergencies."

The programme was organized by the Mental Health Nursing Department under the guidance of Dr. Prerna Pandey, Principal, Bhandari Group of Hospitals and Institutions, College of Nursing, Indore.

The event began in the morning from 10:00 AM to 11:00 AM, where B.Sc. Nursing 3rd-year students performed a skit in front of the patients at Mohak OPD. The purpose of the skit was to spread awareness about mental health, its importance, and ways to maintain emotional well-being. The performance effectively conveyed the message and encouraged patients to take care of their mental health. All faculty members were present there in OPD. At 12:00 PM to 1:00 PM, a guest lecture was conducted by Dr. Apurva Tiwari (MD Psychiatry, Assistant Professor, SAIMS Hospital, Indore) on the event theme. She shared valuable insights on mental health issues, management strategies, and the importance of timely access to mental health services.

The session was attended by B.Sc. Nursing and GNM students, along with Principal & Vice Principal and all faculty members. The event concluded with a certificate of appreciation presented to Dr. Apurva Tiwari for her informative session.

During the event, Ms. Pooja Rawat delivered the welcome speech, and Mr. Arvind Patel, Assistant Professor, proposed the vote of thanks. Dr. Prerna Pandey also introduced and welcomed Dr. Apurva Tiwari to the gathering.

The programme was informative, inspiring, and helped students and attendees understand the significance of mental health in everyday life.



मल्टी स्पेशलिटी हेल्थ कैंप वैभव नगर, कनाड़िया रोड इंदौर

श्री अरविंदो हॉस्पिटल, इंदौर द्वारा आयोजित मल्टी स्पेशलिटी हेल्थ कैंप दिनांक 29 अक्टूबर 2025 को आयोजित वैभव नगर कनाड़िया रोड इंदौर में किया गया। शिविर के दौरान श्री अरविंदो हॉस्पिटल एवं विश्वविद्यालय के संस्थापक एवं चेयरमैन डॉ. विनोद भंडारी का हार्दिक स्वागत एवं सम्मान किया गया। इस स्वास्थ्य शिविर में विभिन्न विभागों के अनुभवी विशेषज्ञ डॉक्टरों ने मरीजों की जांच की और स्वास्थ्य संबंधी परामर्श दिया। शिविर में बड़ी संख्या में स्थानीय लोगों ने भाग लेकर निःशुल्क स्वास्थ्य परीक्षण, परामर्श और आवश्यक चिकित्सा सुविधाओं का लाभ उठाया। इस पहल का उद्देश्य समुदाय तक बेहतर स्वास्थ्य सेवाएँ पहुँचाना और लोगों में स्वास्थ्य जागरूकता बढ़ाना है। श्री अरविंदो हॉस्पिटल सदैव समाज की सेवा और जनस्वास्थ्य के प्रति समर्पित है।



Community School Health Programme

The Department of Community Health Nursing at SAIMS College of Nursing has always been at the forefront of outreach activities. As per the curriculum of GNM Nursing 3rd Year students have to conduct School Health Programme. So for the practical exposure requirement our students got the opportunity to conduct Community School Health Programme. Department of Community Health Nursing Students of GNM Nursing 3rd Year, SAIMS College of Nursing, Indore, Successfully organized the School health programme at Government Higher Secondary School, Paliya on 6th October 2025.

Aims & objectives of the programme: Comprehensive care for the health Camp; wellbeing of all children. Promotion of positive health, prevention of diseases, early diagnosis, treatment Camp; follow up of defects, awakening health consciousness; in children, provision of healthful environment. Key Highlight of the programme: A Team of nursing experts did a health assessment of many students they also provided health education regarding menstrual hygiene, urinary tract infection which occur in adolescent age group.

Our team enlightened growing minds on a balanced diet and highlighted the importance of consuming healthy diets also environmental sanitation, oral hygiene and personal hygiene. The team shared hand-washing techniques to prevent infection.

Target : 60 school children with their school teacher & Principal.

Participants: Our enthusiastic team of GNM 3rd year students from SAIMS College of Nursing actively contributed, showcasing their dedication .

A Token of gratitude first aid kit was gifted to the school management to provide first aid care.

Under the visionary Guidance of:

❖ *Dr. Reshmi Siby, Principal, SAIMS College of Nursing*

❖ *Dr. Kavita Pal, Associate Professor, Community Health Nursing Department, for their unwavering coordination support in organizing and managing the programme.*



CONGRATULATIONS



Dr Deepika Malik, Associate Professor, Radiation Oncology was invited as speaker at the MP- Chhattisgarh chapter of the Association of Radiation Oncologists of India, held at Regional Cancer Centre, Raipur. She delivered her talk on “Re-irradiation in Head Neck Cancers”.

CONGRATULATIONS

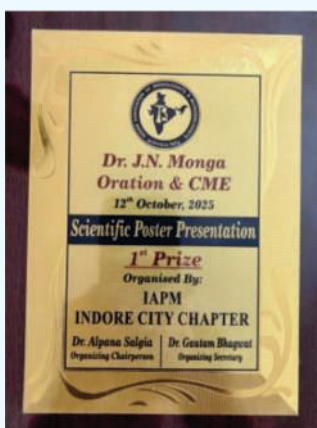


At the 15th Annual National Conference of AOI MP chapter, MP ENTCON held from 3rd-5th October 2025, Dr. Shirin Ansari, Assistant Professor, Department of ENT, received 1st position in the junior consultant awards paper presentation.

Proud Moment for the Department of Microbiology, SAIMS

We are delighted to share that Dr. Arpita Gupta, First-Year Resident, Department of Microbiology, won the First Prize for her scientific poster presentation titled “Bilateral Breast Abscess in a nonlactating woman: A rare clinical manifestation by Salmonella paratyphi A” at the Dr. J. N. Monga Oration & Regional CME 2025, organized by the Indian Association of Pathologists & Microbiologists (IAPM), Indore City Chapter on 12th October 2025.

This achievement reflects the dedication and excellence of our postgraduate residents and the guidance provided by the department. Special thanks to Co-guide Dr. Vaibhavi Subedar and sincere appreciation to all our faculty members for their constant motivation and support.



Dr. Kamlesh Patel
 Head & Professor, Department of Microbiology
 SAIMS Medical College & PG Institute, Indore

CONGRATULATIONS –DR SHREYA THATTE

It was a great moment for the institute to receive two prestigious awards in one conference of Women Ophthalmologists world wide and women ophthalmology society of India

1. Received prestigious award of distinguished teacher

Elizabeth Blackwell award in recognition of distinguished teacher for outstanding excellence in the field of mentoring in Ophthalmology , upholding the pioneering work of "Elizabeth Blackwell" an icon of knowledge , integrity and inspiration in medical education .

Felicitated by past spokes person of BJP respected Nupur Sharma.

2. Second award for extraordinary work and exceptional contribution in Community Ophthalmology . This is an annual award .

Thanks for trusting and providing Divya drishti mobile bus for speciality eye care .

Dr Shreya Thatte, HOD Deptt. of Ophthalmology. SAIMS team was winner amongst 9 medical colleges



CONGRATULATIONS

It gives us immense pleasure to share with all off you that department of cardiology actively participated in CSI national conference “ Cardio prevent 2025” held at Indore I took part as a speaker chairperson quiz master Our PG students Dr manglesh n Dr Kushagra secured 1st n 3rd prize in poster competition n team SAIMS got 2nd prize in Quiz Dr Suyash participated as chairperson Dr Gaurav n Saurabh as judges.



Dr. Pradeep Gupta
HOD Cardiology

Fibro Scan Inauguration At Heart Command 2025



A Proud Milestone at Sri Aurobindo Hospital, Indore We are delighted to announce the installation of the FibroScan a state of the art technology for advanced liver assessment. The inauguration was graced by our esteemed leaders Dr. Vinod Bhandari Founder Chairman Dr. Manjushree Bhandari Chancellor SAU Dr. Mohit Bhandari Founder Director Mohak Bariatrics and Robotics, Dr. Jyoti Bindal Vice Chancellor SAU. This advanced addition strengthens our commitment to world class healthcare innovation and patient wellbeing. Early detection. Accurate diagnosis. Better liver care for a healthier tomorrow. Sri Aurobindo Hospital Shaping the future of healthcare in Central India.



Need of the hour, fatty liver disease is now the leading cause of liver related morbidity and mortality, fibroscan plays key role in it's early diagnosis so that disease progression can be halted.—Dr. Noor

FibroScan

FibroScan (Transient Elastography) indications relevant to all major clinical departments in a medical college—for teaching, clinical, and research purposes.

FibroScan

Department of Medicine / Gastroenterology / Hepatology

- Primary indications (most common users of FibroScan):
- Assessment of liver fibrosis and cirrhosis in:
 - Chronic hepatitis B and chronic hepatitis C
 - Alcoholic liver disease
 - Non-alcoholic fatty liver disease (NAFLD/NASH)
 - Autoimmune hepatitis
 - Primary biliary cholangitis (PBC) and Primary sclerosing cholangitis (PSC)
- Baseline fibrosis staging before antiviral therapy (HBV, HCV)
- Monitoring fibrosis regression or progression during or after therapy
- Assessment before liver biopsy (noninvasive alternative)
- Pre-transplant evaluation of liver disease
- Follow-up in post-liver transplant patients for fibrosis recurrence
- Evaluation of portal hypertension risk (when liver stiffness >20–25 kPa)

Department of Endocrinology / Diabetology

- Screening for NAFLD / NASH in:
 - Type 2 diabetes mellitus
 - Metabolic syndrome
 - Obesity / insulin resistance
- Monitoring liver fibrosis in diabetic dyslipidemia patients
- Risk stratification for cardiometabolic complications related to fatty liver

Department of Pediatrics

- Evaluation of pediatric NAFLD / NASH
- Chronic viral hepatitis (B or C) in children
- Wilson's disease and autoimmune hepatitis fibrosis staging
- Cystic fibrosis-related liver disease
- Post-pediatric liver transplant follow-up

Department of Cardiology

- Pre-cardiac surgery liver fibrosis assessment in high-risk patients (e.g. with congestive hepatopathy)
- Congestive hepatopathy (cardiac cirrhosis) assessment
- Chronic right heart failure-related liver congestion
- Pre-heart transplant workup

Department of Infectious Diseases / HIV Clinic

- Evaluation of HIV-HBV or HIV-HCV coinfection
- Monitoring liver stiffness in antiretroviral therapy-related hepatotoxicity
- Baseline and follow-up fibrosis staging in chronic viral hepatitis

Department of Nephrology

- Hepatitis B/C screening in CKD / dialysis patients
- Fibrosis assessment before renal transplantation
- Drug-induced hepatotoxicity monitoring (especially in immunosuppressed or transplant patients)

Department of Pharmacology / Clinical Pharmacology

- Drug-induced liver injury (DILI) monitoring in clinical trials
- Assessment of fibrosis risk due to long-term medications (e.g., methotrexate, amiodarone, valproate)
- Use in research protocols for noninvasive hepatic safety evaluation

Department of Pathology

- Correlation studies between FibroScan results and histopathological fibrosis grading
- Teaching tool for understanding fibrosis staging noninvasively

Department of Obstetrics & Gynecology

- Pregnant women with chronic liver disease
- Intrahepatic cholestasis of pregnancy (ICP) follow-up when chronic liver disease suspected Preconception counseling in women with known hepatitis B/C or NAFLD

Department of Psychiatry / De-addiction Medicine

- Alcohol use disorder: baseline and follow-up fibrosis assessment
- Counseling motivation tool for alcoholic liver disease reversal after abstinence

Department of Oncology / Radiotherapy

- Chemotherapy-related hepatotoxicity (e.g., methotrexate, oxaliplatin)
- Baseline liver function/fibrosis before hepatotoxic chemotherapy or radiotherapy
- Surveillance in metastatic liver disease

Department of Surgery / Surgical Gastroenterology

- Preoperative fibrosis evaluation before hepatic resection or major surgery
- Donor evaluation in living donor liver transplantation
- Assessment of residual liver function post-resection

Compiled By
Dr Manoj Kela
HOD - Surgery

CONGRATULATIONS



Dr. Swapnil Kumar Baraskar, SAMC & PGI, Indore for poster presentation on Peripheral Neuromodulation at the International Society of Pain and Neuroscience (ISPN) Conference in London. The poster presentation was well appreciated by the International audience and it was a solo poster entry from India.

Congratulations



Truly honoured and privileged to be invited as Faculty at the ASI Regional Refresher Course (RRC) for the Top 12 PGs of Zone 4 at the prestigious AFMC, Pune on 27th–28th September.

This unique academic platform gave me the opportunity to interact with stalwarts, senior colleagues, and bright young PGs—an inspiring exchange of knowledge and learning.

I strongly believe that in the near future, such an RRC can be hosted at SAIMS, further enriching academics in our state and highlighting our institute along with IRCAD India on the national map.

Heartfelt thanks to Lt Col Dr. Manoj Kumar, HOD, and my dear friend Dr. Animesh for their gracious hospitality and support.

Dr. Manoj Kela
HOD Surgery

CONGRATULATIONS-DR SUBODH BANZAL



For receiving a lifetime achievement award at at Endo summit on 5th Oct. 2025 at Bhopal .

Saghan Jagrukta Abhiyan Madhya Pradesh Government initiative to raise awareness about HIV/AIDS.

*HIV/AIDS Awareness Programme Under the Saghan Jagrukta Abhiyan by Madhya Pradesh Government, an awareness session on HIV/AIDS was organized at Bhandari Group of Hospitals and Institute College of Nursing, Indore On 8th October 2025, Guest speakers Mrs. Rachna Sharr (Counsellor, ART Center, Civil Hospital, Sanwer) and Mr. Sunil Mandloi Sir education students about HIV/AIDS prevention, treatment, and the importance of awareness in the community. Students from B.Sc. Nursing & GNM actively participated in the session. * The program was conducted under the guidance of Dr. Prerna Pandey, Principal, along with the presence of all Department HODs and Faculty Members.*



Congratulations



Dr. Pooja Reddy, HOD Pharmacology for being a panelist in ISRPCTCon for a panel discussion on medication adherence on 26-27 Oct. 2025 at Cuttuck, Orissa.



Congratulations

I am glad to share that I was Invited as Regional International Faculty in AO Alliance Course (with AO Trauma Approved Basic Principles of Fracture Management course at Dhaka Bangladesh from 25th oct to 27th oct 2025. more then 80 Participant from whole Bangladesh attended the course.

Dr. Pradeep Choudhary
HOD
Dept. of Orthopeadics



Congratulations

Pleased to share to get opportunity in MP ENT CON 2025 held in BCC, Indore to:

- 1) Presented an "Invited Talk on 'DISE : Custodian to Rationale Sleep Surgeries'"
- 2) Participated as a Panelist in Vertigo Session along with National Faculty Of Vertigo Dr Anita Bhandari

Dr Anurag Srivastava
Associate Professor
Dept. of ENT



Department of ENT

With the constant support and motivation of our respected Founder Chairman, the Department of ENT, Sri Aurobindo Medical College, Indore has successfully performed its first post-lingual adult cochlear implant surgery.

The recipient was a 30-year-old male with bilateral profound hearing loss, who had not benefited from conventional hearing aids. Cochlear implantation has proven to be a life-changing intervention for patients who lost their hearing later in life. This enables the restoration of hearing and improves their speech and language comprehension.

This is the latest trend of cochlear implant surgeries in the developed countries. The ENT team at SAIMS, headed by Dr. Vishal Munjal, Professor & Head of ENT Department and supported by Prof. Dr. Digant Patni, Dr. Kanchan Choudhary, and Dr. Mariyam Parveen, successfully performed the procedure. The post operative rehabilitation would be done by Mr. Nirnay Kesari, Principal, College of Speech & Hearing, SAIMS. This will encourage many patients who lose their hearing in old age and are not benefitted by hearing aids to come forward and benefit from this surgery. Anaesthesia given by : Dr Hemant Vanjare , AP, SAIMS “.



Congratulations



*Congratulations **Dr. Mansi Choudhary** for participating in 31st Biennial Madhya Pradesh Conference of Student Nurse association of India on 8th to 10th October 2025 as esteemed EC member for engaging discussion insightful presentations & meaningful interaction also served as judge for poster presentation & Rangoli Competition.*

Congratulations



Department of Dermatology is proud to announce that our PG Dr Leena Verma won the first prize in Poster competition at CUTICON MP 2025 held at Bhopal on 25th and 26th October Presented on Topic: Atypical Stevens-Johnson syndrome-A rare paediatric clinical presentation.

Congratulations



On the occasion of World Anaesthesia Day, **Dr. K. K. Arora** received prestigious **Dr. W. P. S. Thatte** lifetime achievement award...

Congratulations



Dr. Pradeep Choudhary, HOD Orthopedics for being Elected as President of Madhya Pradesh Orthopaedic Association at 43rd Annual Conference of MP Chapter of IOA at Jabalpur

Congratulations



Laurel's to Department of Orthopaedics Sri Aurobindo Medical College & PG Institute Indore. In 43rd Annual conference of MP Chapter of IOA at Jabalpur .Our Post graduate from Department of Orthopaedics **Dr Sheryas Singh Rawat** got First prize and **Dr Mukund Mundra** got third prize in Poster competition.



Congratulations



To **Dr. Rajeev Shukla** for being awarded Fellowship in SOBSICON, 2025 held at Shivpuri Medical College, Shivpuri & delivering Prof Y MOHINDRA ORATION on 'Balancing the triad of Burnout, Ethics & Learning'. The talk was well received. It was also covered in local media as well.

DEPARTMENT OF ENT

TITLE- ARARE MIGRATION OF CLAVICULAR KIRSCHNER NAIL (K-NAIL) TURNED INTO FOREIGN BODY OF THE NECK.

AUTHORS- Dr. VISHAL R. MUNJAL, Dr. PRAVEEN SURANA, Dr. SHIRIN ANSARI, Dr. MANAN JHAWAR.

CHIEF COMPLAINT- A 40-year-old male resident of Dhar district presented to the ENT OPD with chief complaint of cough and pain in left side of neck while coughing for 10 days.

HISTORY OF PRESENTING COMPLAINT- The patient was apparently alright 10 days back then he started complaining of left-sided neck pain during cough which was insidious in onset and gradually progressive. There was no history of difficulty in breathing, chest pain, or rapid breathing.

PAST MEDICAL HISTORY There is no significant past medical history

PAST SURGICAL HISTORY Patient had undergone Kirschner nail (K-nail) fixation for left clavicular fracture which he had experienced in the year 2023 following a road traffic accident.

EXAMINATION- The general condition of the patient was fair, afebrile. There was no pallor, no signs of icterus, cyanosis, clubbing, lymphadenopathy, edema,

Respiratory system- NAD **Cardiovascular system-** NAD **Neurological examination-** NAD **INVESTIGATIONS**

On admission, Hemogram revealed Hemoglobin 17.4gm%, PCV 54.3%, WBC 10540 and Platelets 2.29 lacs. Renal function test showed Urea/Creatinine 40/1.12 mg/dL and Electrolytes: Na/K/Cl – 140/4.07/105 with rest routine investigations within normal limits.

X-ray of the neck was done in antero-posterior and lateral views which showed a metallic nail/K wire noted at the left clavicle, part of this implant approx. 5.2 mm noted 2.7mm away from trachea (Fig. 1)



Fig. 1: X ray neck AP/lateral

Fig. 2: CT neck

CT neck suggestive of: CT study reveals long linear metallic artefacts in deep neck space, just posterior to left carotid artery and internal jugular vein with its tip reaching lateral to left peri- esophageal region (Fig. 2)

DIAGNOSIS- FOREIGN BODY OF LEFT DEEP NECK SPACE

PLAN- C- Arm guided- foreign body removal via anterior neck exploration under general anesthesia. (Fig. 3- Fig. 4)

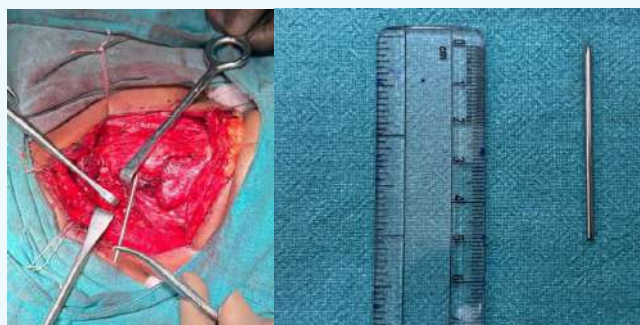


Fig: 3

Fig: 4

POST- OPERATIVE CARE : The patient was kept in ICU under observation for 24 hours with intravenous antibiotics coverage to treat the implant site infection.

FOLLOW UP- On post operative day 10, sutures were removed with no wound dehiscence.

SUMMARY- Kirschner wire fixation is generally done for orthopedic fixation of fractures of shoulder girdle and clavicle. Migration of nails or wires of shoulder/clavicular fracture fixation is a rare but serious complication.

A few cases of such migration from the clavicle to surrounding tissues and around cervical spine canal have been reported. Hence, it has been suggested to avoid the use of smooth K-wires in the fixation of clavicular fractures and if used, its timely removal becomes imperative to avoid the potential danger of complications like carotid blow, internal jugular injury and entry into the spinal canal due to migration of the K-wire.



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